

Little Rebel Cheerleading Tumbling Release Form

In order for your child to be allowed to perform tumbling or basic pyramids, you must complete and sign this permission slip.

Your child will not be required to perform any tumbling or basic pyramids. The squad mother(s) reserve the right to set limits, particularly on back handsprings and other difficult moves that could result in injury. Your squad mother(s) may also choose not to allow any tumbling or basic pyramids at all if field conditions are poor.

If you prefer your child be limited to certain moves such as cartwheels and round-offs, please indicate that below.

Please discuss your decision with your child, so that she understands what her limitations may be and why safety is most important. Your child will not be allowed to perform any such moves unless we have a copy of your insurance card on file.

Please select one:

_____ My child, _____, has my permission to perform tumbling and/or basic pyramids at practice and during games.

_____ My child, _____, is NOT allowed to perform tumbling and/or basic pyramids at practice and during games.

Signed _____

Date _____